

American Psychiatric Association
Annual Anxiety Survey Data Tables
April 2021





Date conducted March 26, 2021 – April 5, 2021

Sample Size N = 1000 U.S. adults age 18 +



Audience/Demographic Breakout Key

Male = Male respondents

Female = Female respondents

18 – 29 = Respondents age 18 to 29

30 – 44 = Respondents age 30 to 44

45 – 64 = Respondents age 45 to 64

65+ = respondents age 65 and above

Hispanic = Hispanic/Latino

Black = African American

White = Caucasian

Less Than Coll. = Respondents who have a high-school education or less, technical or vocational training, or some college

Coll. = College Degree or graduate degree

Dem = Self identified Democrats, or independents who lean Democrat

Reps = Self identified Republicans or independents who lean Republican

Indpt. = Self identified Independents

Parent = Respondents who have children age 18 or younger living at home



A Note on Rounding

Some combined and aggregated numbers (ex. strongly agree + somewhat agree) might not add up exactly when adding up individual responses. This is due to rounding to the nearest percentage point.

Factors Influencing Anxiety – Family Safety

Q1. How anxious are you about each of the following? **Keeping myself or my family safe**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Extremely anxious	27%	25%	30%	34%	34%	24%	18%	34%	33%	24%
Somewhat anxious	37%	38%	36%	35%	41%	36%	33%	37%	33%	37%
Not that anxious	25%	25%	24%	21%	18%	26%	32%	23%	15%	27%
Not anxious at all	12%	12%	11%	9%	7%	14%	16%	6%	19%	12%

Factors Influencing Anxiety – Family Safety Cont'd

Q1. How anxious are you about each of the following? **Keeping myself or my family safe**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Extremely anxious	27%	27%	28%	24%	33%	22%	33%	38%
Somewhat anxious	37%	36%	38%	34%	38%	38%	40%	38%
Not that anxious	25%	24%	26%	27%	22%	25%	21%	19%
Not anxious at all	12%	13%	9%	15%	7%	15%	6%	5%

Factors Influencing Anxiety – COVID-19

Q2. How anxious are you about each of the following? **COVID-19 (coronavirus)**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Extremely anxious	32%	31%	33%	33%	37%	33%	23%	37%	37%	28%
Somewhat anxious	33%	32%	34%	32%	34%	30%	40%	37%	39%	32%
Not that anxious	22%	22%	22%	22%	20%	24%	23%	18%	13%	26%
Not anxious at all	13%	15%	10%	13%	9%	14%	14%	9%	11%	14%

Factors Influencing Anxiety – COVID-19 Cont'd

Q2. How anxious are you about each of the following? **COVID-19 (coronavirus)**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Extremely anxious	32%	30%	37%	26%	43%	21%	37%	44%
Somewhat anxious	33%	33%	34%	32%	36%	30%	31%	29%
Not that anxious	22%	22%	22%	27%	16%	27%	21%	19%
Not anxious at all	13%	15%	7%	16%	5%	22%	11%	8%

Factors Influencing Anxiety – General Health

Q3. How anxious are you about each of the following? **My health**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Extremely anxious	22%	20%	23%	27%	30%	20%	9%	29%	29%	18%
Somewhat anxious	39%	40%	39%	40%	40%	37%	42%	37%	36%	40%
Not that anxious	26%	25%	28%	20%	21%	29%	34%	20%	18%	30%
Not anxious at all	12%	14%	11%	13%	9%	13%	15%	14%	17%	12%

Factors Influencing Anxiety – General Health Cont'd

Q3. How anxious are you about each of the following? **My health**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Extremely anxious	22%	21%	23%	21%	26%	14%	25%	34%
Somewhat anxious	39%	39%	40%	36%	42%	39%	42%	46%
Not that anxious	26%	26%	28%	29%	23%	30%	24%	16%
Not anxious at all	12%	14%	9%	14%	9%	16%	9%	4%

Factors Influencing Anxiety – Paying Bills

Q4. How anxious are you about each of the following? **Paying my bills or expenses**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Extremely anxious	24%	23%	26%	33%	32%	22%	11%	30%	26%	22%
Somewhat anxious	31%	31%	30%	34%	37%	30%	21%	36%	36%	27%
Not that anxious	22%	22%	22%	21%	20%	22%	27%	19%	17%	24%
Not anxious at all	23%	23%	22%	12%	12%	26%	42%	15%	21%	26%

Factors Influencing Anxiety – Paying Bills Cont'd

Q4. How anxious are you about each of the following? **Paying my bills or expenses**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Extremely anxious	24%	24%	25%	22%	28%	21%	27%	36%
Somewhat anxious	31%	30%	31%	29%	34%	26%	40%	39%
Not that anxious	22%	21%	25%	23%	20%	26%	21%	18%
Not anxious at all	23%	25%	20%	26%	18%	27%	12%	7%

Factors Influencing Anxiety – Climate Change & Planet

Q5. How anxious are you about each of the following? **The impact of climate change on the planet**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Extremely anxious	18%	19%	18%	27%	22%	15%	10%	24%	28%	15%
Somewhat anxious	30%	27%	32%	32%	36%	23%	31%	31%	23%	29%
Not that anxious	29%	28%	31%	25%	25%	33%	33%	29%	29%	31%
Not anxious at all	23%	26%	19%	16%	16%	29%	26%	17%	20%	26%

Factors Influencing Anxiety – Climate Change & Planet Cont'd

Q5. How anxious are you about each of the following? **The impact of climate change on the planet**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Extremely anxious	18%	15%	26%	12%	26%	14%	22%	25%
Somewhat anxious	30%	30%	29%	22%	38%	24%	32%	31%
Not that anxious	29%	30%	29%	33%	27%	29%	31%	27%
Not anxious at all	23%	26%	17%	33%	9%	32%	16%	17%

Factors Influencing Anxiety – Politics

Q6. How anxious are you about each of the following? **The impact of politics on my daily life**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Extremely anxious	19%	19%	18%	22%	18%	20%	16%	15%	20%	19%
Somewhat anxious	35%	36%	34%	35%	35%	32%	38%	36%	38%	34%
Not that anxious	29%	28%	31%	25%	33%	30%	29%	32%	23%	29%
Not anxious at all	17%	17%	17%	19%	14%	18%	18%	16%	18%	18%

Factors Influencing Anxiety – Politics Cont'd

Q6. How anxious are you about each of the following? **The impact of politics on my daily life**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Extremely anxious	19%	18%	21%	21%	18%	16%	18%	26%
Somewhat anxious	35%	34%	37%	37%	36%	27%	37%	37%
Not that anxious	29%	28%	31%	25%	33%	31%	31%	26%
Not anxious at all	17%	20%	11%	17%	13%	26%	14%	11%

Factors Influencing Anxiety – Personal Relationships

Q7. How anxious are you about each of the following? **My relationships with family, friends, and coworkers**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Extremely anxious	18%	16%	20%	31%	24%	12%	8%	22%	23%	15%
Somewhat anxious	29%	30%	28%	34%	40%	28%	12%	36%	30%	26%
Not that anxious	29%	28%	30%	18%	24%	34%	37%	19%	21%	33%
Not anxious at all	25%	26%	23%	17%	12%	27%	43%	23%	26%	26%

Factors Influencing Anxiety – Personal Relationships Cont'd

Q7. How anxious are you about each of the following? **My relationships with family, friends, and coworkers**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Extremely anxious	18%	18%	17%	16%	21%	14%	21%	31%
Somewhat anxious	29%	29%	28%	26%	33%	27%	34%	38%
Not that anxious	29%	27%	33%	28%	27%	34%	27%	21%
Not anxious at all	25%	26%	22%	30%	19%	26%	17%	10%

Factors Influencing Anxiety – Climate Change & Health

Q8. How anxious are you about each of the following? **The impact of climate change on my mental health**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Extremely anxious	12%	13%	10%	22%	16%	8%	3%	21%	15%	8%
Somewhat anxious	25%	22%	28%	32%	32%	21%	17%	30%	33%	22%
Not that anxious	32%	32%	32%	27%	35%	32%	32%	28%	25%	34%
Not anxious at all	31%	33%	29%	19%	17%	38%	48%	21%	26%	36%

Factors Influencing Anxiety – Climate Change & Health Cont'd

Q8. How anxious are you about each of the following? **The impact of climate change on my mental health**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Extremely anxious	12%	10%	16%	8%	17%	6%	15%	20%
Somewhat anxious	25%	25%	27%	18%	33%	22%	32%	30%
Not that anxious	32%	33%	31%	32%	30%	36%	32%	30%
Not anxious at all	31%	33%	27%	42%	19%	36%	21%	19%

More or Less Anxious

Q9. In general, are you more or less anxious than you were at this time last year?

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
More anxious	41%	43%	40%	49%	47%	40%	30%	50%	46%	39%
Less anxious	21%	19%	22%	22%	21%	19%	23%	20%	23%	19%
About the same	34%	35%	34%	23%	28%	38%	45%	28%	22%	39%
Not sure	4%	3%	5%	6%	4%	3%	2%	2%	9%	3%

More or Less Anxious Cont'd

Q9. In general, are you more or less anxious than you were at this time last year?

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
More anxious	41%	40%	45%	42%	45%	33%	48%	58%
Less anxious	21%	18%	25%	19%	23%	20%	23%	17%
About the same	34%	37%	29%	37%	29%	41%	25%	23%
Not sure	4%	5%	1%	3%	3%	7%	4%	1%

Mental & Physical Health Relationship

Q10. Please indicate how much you agree or disagree with each of the following statements. **Someone's mental health has an impact on their physical health**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	50%	46%	54%	52%	48%	53%	47%	48%	45%	53%
Somewhat agree	30%	32%	28%	23%	27%	30%	40%	33%	26%	29%
Neither agree nor disagree	12%	12%	11%	14%	17%	9%	7%	10%	16%	11%
Somewhat disagree	3%	4%	3%	5%	5%	2%	1%	3%	5%	3%
Completely disagree	2%	3%	1%	3%	2%	2%	1%	3%	4%	2%
Don't know	3%	3%	2%	3%	1%	3%	4%	3%	4%	3%

Mental & Physical Health Relationship Cont'd

Q10. Please indicate how much you agree or disagree with each of the following statements. **Someone's mental health has an impact on their physical health**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	50%	49%	53%	51%	54%	42%	52%	58%
Somewhat agree	30%	29%	32%	28%	30%	32%	25%	26%
Neither agree nor disagree	12%	13%	9%	10%	10%	18%	14%	10%
Somewhat disagree	3%	4%	3%	4%	3%	3%	5%	5%
Completely disagree	2%	2%	2%	2%	2%	2%	2%	1%
Don't know	3%	3%	2%	4%	2%	3%	2%	0%

Mental Illness and the U.S. Economy

Q11. Please indicate how much you agree or disagree with each of the following statements. **Untreated mental illness has a significant negative impact on the U.S. economy**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	28%	28%	28%	30%	32%	26%	24%	26%	30%	28%
Somewhat agree	36%	37%	36%	30%	28%	40%	47%	31%	27%	38%
Neither agree nor disagree	22%	19%	25%	23%	26%	21%	18%	23%	29%	21%
Somewhat disagree	7%	8%	6%	9%	8%	6%	6%	12%	6%	6%
Completely disagree	2%	3%	1%	2%	3%	2%	2%	2%	4%	2%
Don't know	5%	5%	4%	6%	4%	5%	3%	6%	4%	5%

Mental Illness and the U.S. Economy Cont'd

Q11. Please indicate how much you agree or disagree with each of the following statements. **Untreated mental illness has a significant negative impact on the U.S. economy**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	28%	25%	34%	24%	33%	25%	29%	37%
Somewhat agree	36%	34%	41%	36%	38%	33%	34%	31%
Neither agree nor disagree	22%	26%	14%	22%	19%	30%	22%	20%
Somewhat disagree	7%	8%	5%	9%	5%	8%	8%	8%
Completely disagree	2%	2%	3%	3%	2%	1%	2%	2%
Don't know	5%	6%	2%	6%	4%	4%	5%	3%

Mental Illness and Families

Q12. Please indicate how much you agree or disagree with each of the following statements. **Untreated mental illness has a significant negative impact on families**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	50%	46%	54%	45%	46%	54%	53%	52%	40%	52%
Somewhat agree	29%	30%	28%	25%	27%	29%	36%	28%	28%	29%
Neither agree nor disagree	14%	15%	13%	17%	20%	12%	7%	13%	21%	13%
Somewhat disagree	3%	4%	3%	8%	4%	2%	0%	4%	5%	3%
Completely disagree	1%	2%	1%	2%	2%	1%	1%	1%	2%	1%
Don't know	2%	2%	2%	3%	1%	2%	3%	2%	4%	2%

Mental Illness and Families Cont'd

Q12. Please indicate how much you agree or disagree with each of the following statements. **Untreated mental illness has a significant negative impact on families**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	50%	49%	53%	51%	53%	42%	48%	57%
Somewhat agree	29%	28%	32%	31%	29%	26%	27%	26%
Neither agree nor disagree	14%	16%	11%	9%	13%	26%	18%	12%
Somewhat disagree	3%	4%	3%	5%	3%	3%	4%	4%
Completely disagree	1%	1%	1%	1%	1%	2%	1%	1%
Don't know	2%	3%	1%	3%	1%	2%	2%	1%

Less or More Stigma

Q13. Please indicate how much you agree or disagree with each of the following statements. **There is less stigma against people with mental illness than there was 10 years ago**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	19%	18%	20%	24%	22%	17%	14%	21%	19%	17%
Somewhat agree	37%	39%	36%	36%	37%	35%	42%	35%	22%	41%
Neither agree nor disagree	24%	22%	25%	20%	23%	26%	24%	23%	29%	23%
Somewhat disagree	9%	10%	7%	7%	8%	10%	10%	10%	11%	8%
Completely disagree	6%	6%	6%	6%	6%	6%	5%	5%	8%	6%
Don't know	6%	5%	6%	8%	4%	6%	5%	6%	10%	5%

Less or More Stigma Cont'd

Q13. Please indicate how much you agree or disagree with each of the following statements. **There is less stigma against people with mental illness than there was 10 years ago**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	19%	17%	23%	17%	22%	14%	21%	27%
Somewhat agree	37%	36%	40%	42%	35%	34%	36%	40%
Neither agree nor disagree	24%	26%	20%	23%	22%	30%	23%	14%
Somewhat disagree	9%	9%	9%	7%	10%	9%	10%	10%
Completely disagree	6%	6%	5%	4%	7%	6%	4%	7%
Don't know	6%	6%	4%	6%	5%	6%	7%	3%

Mental Illness and Victims

Q14. Please indicate how much you agree or disagree with each of the following statements. **People with mental illness are far more likely to be victims of violence than be perpetrators of violence**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	18%	18%	17%	25%	24%	15%	6%	22%	16%	15%
Somewhat agree	27%	27%	27%	27%	23%	27%	29%	25%	29%	26%
Neither agree nor disagree	33%	33%	33%	30%	35%	30%	37%	26%	34%	36%
Somewhat disagree	12%	11%	13%	7%	10%	12%	19%	15%	9%	11%
Completely disagree	6%	5%	7%	5%	5%	7%	5%	8%	6%	6%
Don't know	5%	7%	4%	6%	3%	8%	4%	3%	5%	6%

Mental Illness and Victims Cont'd

Q14. Please indicate how much you agree or disagree with each of the following statements. **People with mental illness are far more likely to be victims of violence than be perpetrators of violence**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	18%	14%	25%	14%	24%	11%	22%	27%
Somewhat agree	27%	26%	27%	24%	28%	30%	28%	27%
Neither agree nor disagree	33%	34%	30%	35%	27%	40%	28%	29%
Somewhat disagree	12%	12%	11%	13%	12%	9%	11%	9%
Completely disagree	6%	7%	4%	8%	4%	6%	6%	5%
Don't know	5%	6%	3%	6%	5%	5%	4%	2%

Elected Office and Mental Illness

Q15. Please indicate how much you agree or disagree with each of the following statements. **I would NOT vote for a candidate for elected office who has been diagnosed with a mental illness, even if the candidate had been treated for it**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	16%	18%	14%	13%	16%	17%	16%	18%	17%	14%
Somewhat agree	20%	25%	15%	16%	19%	20%	24%	21%	18%	19%
Neither agree nor disagree	30%	27%	33%	30%	29%	31%	30%	25%	33%	31%
Somewhat disagree	12%	13%	12%	11%	11%	12%	15%	13%	13%	13%
Completely disagree	16%	12%	20%	22%	19%	14%	12%	19%	13%	17%
Don't know	5%	5%	5%	7%	5%	6%	2%	5%	7%	5%

Elected Office and Mental Illness Cont'd

Q15. Please indicate how much you agree or disagree with each of the following statements. **I would NOT vote for a candidate for elected office who has been diagnosed with a mental illness, even if the candidate had been treated for it**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	16%	14%	20%	19%	16%	9%	16%	16%
Somewhat agree	20%	19%	22%	23%	18%	19%	19%	16%
Neither agree nor disagree	30%	32%	26%	30%	24%	44%	30%	23%
Somewhat disagree	12%	11%	16%	11%	15%	9%	12%	14%
Completely disagree	16%	17%	14%	13%	21%	13%	18%	27%
Don't know	5%	7%	2%	5%	6%	6%	5%	4%

More Mental Health Issues

Q16. Please indicate how much you agree or disagree with each of the following statements. **Children and teens now have more mental health problems than they did 10 years ago**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	35%	28%	41%	36%	34%	37%	30%	39%	38%	32%
Somewhat agree	33%	35%	31%	27%	33%	33%	38%	29%	22%	36%
Neither agree nor disagree	19%	21%	18%	20%	22%	18%	18%	20%	21%	19%
Somewhat disagree	5%	6%	5%	10%	5%	4%	3%	7%	6%	5%
Completely disagree	3%	5%	1%	3%	4%	2%	3%	2%	5%	2%
Don't know	5%	6%	4%	4%	3%	6%	9%	4%	7%	6%

More Mental Health Issues Cont'd

Q16. Please indicate how much you agree or disagree with each of the following statements. **Children and teens now have more mental health problems than they did 10 years ago**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	35%	34%	36%	36%	38%	25%	34%	42%
Somewhat agree	33%	32%	35%	32%	35%	29%	36%	31%
Neither agree nor disagree	19%	20%	18%	17%	17%	27%	20%	17%
Somewhat disagree	5%	6%	4%	7%	3%	7%	4%	6%
Completely disagree	3%	3%	2%	3%	2%	3%	3%	2%
Don't know	5%	6%	5%	6%	4%	8%	3%	3%

Fully Vaccinated

Q17. Are you fully vaccinated for the coronavirus?

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Yes, fully vaccinated (completed one or two doses as required)	23%	27%	19%	15%	20%	16%	49%	16%	22%	25%
Yes, partially vaccinated (completed only one out of two required doses)	21%	21%	22%	16%	16%	27%	22%	21%	25%	21%
No, but I intend to get vaccinated	31%	32%	31%	40%	37%	32%	14%	33%	26%	32%
No, but I don't intend to get vaccinated	22%	18%	26%	28%	23%	22%	14%	29%	23%	21%
Don't know	2%	2%	3%	1%	4%	3%	1%	1%	4%	2%

Fully Vaccinated Cont'd

Q17. Are you fully vaccinated for the coronavirus?

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Yes, fully vaccinated (completed one or two doses as required)	23%	18%	34%	21%	28%	17%	16%	21%
Yes, partially vaccinated (completed only one out of two required doses)	21%	21%	20%	22%	21%	20%	19%	22%
No, but I intend to get vaccinated	31%	32%	30%	29%	35%	29%	36%	39%
No, but I don't intend to get vaccinated	22%	25%	15%	26%	14%	30%	26%	16%
Don't know	2%	3%	1%	2%	1%	5%	3%	1%

Vaccination Reasoning

Q18. Which of the following are reasons you do not want to be vaccinated? Please select all that apply. [Asked if “No, I don’t intend to get vaccinated” or “Don’t know” in Q44]

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
I don't believe it's effective	31%	30%	31%	33%	41%	24%	22%	34%	39%	27%
I am concerned about the side effects of the vaccine	53%	49%	55%	44%	56%	56%	54%	56%	46%	53%
I am scared and anxious about needles	12%	12%	13%	16%	15%	6%	15%	15%	5%	12%
The makers of the vaccine aren't being honest about what's in it	27%	31%	25%	30%	28%	21%	41%	24%	26%	28%
Other reasons	16%	16%	15%	10%	7%	24%	23%	14%	10%	16%
None of the above	10%	14%	8%	13%	11%	6%	15%	6%	10%	12%

Vaccination Reasoning Cont'd

Q18. Which of the following are reasons you do not want to be vaccinated? Please select all that apply. [Asked if “No, I don’t intend to get vaccinated” or “Don’t know” in Q44]

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
I don't believe it's effective	31%	28%	40%	25%	30%	39%	39%	35%
I am concerned about the side effects of the vaccine	53%	50%	65%	57%	57%	42%	53%	63%
I am scared and anxious about needles	12%	13%	11%	11%	13%	14%	11%	12%
The makers of the vaccine aren't being honest about what's in it	27%	27%	29%	32%	25%	23%	28%	27%
Other reasons	16%	16%	15%	20%	12%	13%	15%	15%
None of the above	10%	12%	4%	6%	10%	17%	8%	3%

Statements on Coronavirus

Q19. How much do you agree or disagree with the following statements? **I am anxious about the possibility of getting coronavirus**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	22%	21%	22%	28%	23%	24%	8%	29%	24%	18%
Somewhat agree	27%	28%	27%	26%	27%	27%	30%	27%	27%	27%
Neither agree nor disagree	18%	17%	19%	23%	26%	11%	14%	11%	24%	19%
Somewhat disagree	17%	15%	19%	11%	13%	19%	23%	17%	13%	18%
Strongly disagree	16%	19%	14%	12%	11%	18%	24%	15%	12%	18%

Statements on Coronavirus

Q19. How much do you agree or disagree with the following statements? **I am anxious about the possibility of getting coronavirus**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	22%	21%	23%	17%	30%	11%	26%	31%
Somewhat agree	27%	24%	34%	27%	32%	18%	26%	31%
Neither agree nor disagree	18%	20%	14%	16%	15%	28%	24%	15%
Somewhat disagree	17%	18%	16%	17%	14%	23%	14%	13%
Strongly disagree	16%	18%	13%	23%	9%	19%	11%	10%

Statements on Coronavirus

Q20. How much do you agree or disagree with the following statements? **I am anxious about the possibility of my family members and loved ones getting coronavirus**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	28%	26%	31%	39%	32%	27%	16%	39%	23%	26%
Somewhat agree	36%	36%	36%	27%	35%	36%	44%	33%	40%	35%
Neither agree nor disagree	16%	15%	17%	20%	19%	13%	12%	12%	22%	16%
Somewhat disagree	10%	11%	10%	6%	8%	12%	14%	8%	7%	12%
Strongly disagree	9%	12%	7%	7%	6%	11%	13%	8%	9%	10%

Statements on Coronavirus

Q20. How much do you agree or disagree with the following statements? **I am anxious about the possibility of my family members and loved ones getting coronavirus**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	28%	27%	32%	23%	38%	18%	35%	38%
Somewhat agree	36%	34%	39%	34%	39%	33%	31%	37%
Neither agree nor disagree	16%	18%	11%	16%	11%	27%	18%	13%
Somewhat disagree	10%	10%	10%	13%	7%	13%	10%	7%
Strongly disagree	9%	10%	7%	14%	5%	9%	6%	5%

Statements on Coronavirus

Q21. How much do you agree or disagree with the following statements? **I am anxious that I will become seriously ill or die if I get coronavirus**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	22%	21%	23%	27%	24%	24%	12%	29%	25%	19%
Somewhat agree	23%	24%	22%	20%	25%	24%	24%	28%	17%	22%
Neither agree nor disagree	20%	19%	21%	25%	23%	17%	19%	15%	28%	21%
Somewhat disagree	15%	14%	17%	14%	15%	13%	21%	11%	15%	17%
Strongly disagree	19%	22%	16%	14%	13%	23%	24%	17%	15%	21%

Statements on Coronavirus

Q21. How much do you agree or disagree with the following statements? **I am anxious that I will become seriously ill or die if I get coronavirus**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	22%	21%	25%	18%	32%	10%	27%	33%
Somewhat agree	23%	21%	27%	23%	26%	19%	22%	24%
Neither agree nor disagree	20%	22%	17%	19%	18%	28%	22%	15%
Somewhat disagree	15%	15%	15%	15%	11%	24%	16%	15%
Strongly disagree	19%	21%	15%	26%	13%	19%	13%	13%

Statements on Coronavirus

Q22. How much do you agree or disagree with the following statements? **I am anxious that I will spread coronavirus to my family and loved ones**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	19%	17%	21%	30%	26%	16%	5%	25%	20%	17%
Somewhat agree	25%	26%	23%	26%	28%	25%	19%	25%	23%	23%
Neither agree nor disagree	21%	21%	20%	24%	22%	18%	22%	18%	25%	22%
Somewhat disagree	17%	16%	19%	11%	12%	18%	28%	14%	11%	19%
Strongly disagree	18%	20%	16%	9%	13%	22%	26%	18%	21%	19%

Statements on Coronavirus

Q22. How much do you agree or disagree with the following statements? **I am anxious that I will spread coronavirus to my family and loved ones**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	19%	18%	21%	13%	28%	12%	27%	30%
Somewhat agree	25%	23%	27%	26%	28%	15%	26%	30%
Neither agree nor disagree	21%	22%	18%	19%	17%	34%	20%	16%
Somewhat disagree	17%	16%	19%	20%	13%	21%	14%	11%
Strongly disagree	18%	20%	15%	23%	14%	18%	13%	13%

Statements on Coronavirus

Q23. How much do you agree or disagree with the following statements? **The coronavirus pandemic has had a serious impact on my mental health**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	18%	17%	19%	32%	23%	15%	5%	22%	20%	17%
Somewhat agree	25%	23%	27%	27%	31%	23%	18%	26%	21%	23%
Neither agree nor disagree	21%	21%	21%	19%	24%	22%	18%	25%	24%	20%
Somewhat disagree	16%	15%	16%	11%	13%	16%	23%	14%	16%	16%
Strongly disagree	20%	24%	17%	11%	9%	25%	35%	12%	19%	24%

Statements on Coronavirus

Q23. How much do you agree or disagree with the following statements? **The coronavirus pandemic has had a serious impact on my mental health**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	18%	17%	20%	14%	24%	15%	21%	32%
Somewhat agree	25%	22%	30%	22%	30%	18%	29%	33%
Neither agree nor disagree	21%	22%	20%	22%	19%	25%	25%	15%
Somewhat disagree	16%	16%	14%	14%	16%	18%	13%	12%
Strongly disagree	20%	22%	16%	28%	11%	24%	12%	8%

Statements on Coronavirus

Q24. How much do you agree or disagree with the following statements? **I no longer feel anxious about the possibility of getting coronavirus**

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Strongly agree	18%	20%	17%	19%	18%	17%	20%	13%	20%	19%
Somewhat agree	25%	24%	26%	23%	27%	20%	32%	27%	25%	24%
Neither agree nor disagree	24%	24%	24%	26%	26%	23%	21%	23%	27%	24%
Somewhat disagree	20%	21%	19%	22%	16%	23%	18%	22%	22%	20%
Strongly disagree	12%	11%	14%	10%	12%	16%	9%	15%	6%	13%

Statements on Coronavirus

Q24. How much do you agree or disagree with the following statements? **I no longer feel anxious about the possibility of getting coronavirus**

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Strongly agree	18%	18%	20%	22%	15%	17%	18%	21%
Somewhat agree	25%	23%	29%	25%	26%	24%	26%	24%
Neither agree nor disagree	24%	26%	21%	24%	19%	36%	25%	19%
Somewhat disagree	20%	21%	17%	17%	24%	18%	19%	21%
Strongly disagree	12%	12%	12%	12%	17%	5%	12%	15%

Current COVID-19 Daily Impact

Q25. In what ways is the coronavirus pandemic NOW affecting your day-to-day life? Please select all that apply.

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
I have been having trouble sleeping because I'm anxious about coronavirus	19%	17%	20%	25%	23%	17%	11%	23%	16%	17%
I have been having a hard time concentrating on other things because I'm thinking about coronavirus	18%	14%	22%	24%	27%	15%	5%	22%	16%	16%
I have been fighting more with my partner or loved ones (e.g., because we are stuck at home together)	16%	16%	17%	24%	23%	12%	8%	18%	18%	15%
I have been consuming more alcohol or other substances/drugs than I normally do	17%	19%	16%	18%	21%	18%	10%	20%	14%	17%
I am gaining weight	33%	27%	40%	34%	36%	36%	25%	36%	37%	33%
I am sleeping more now than before	21%	20%	23%	33%	25%	16%	14%	23%	28%	18%
None of the above	34%	37%	31%	22%	20%	38%	55%	25%	26%	39%

Current COVID-19 Daily Impact Cont'd

Q25. In what ways is the coronavirus pandemic NOW affecting your day-to-day life? Please select all that apply.

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
I have been having trouble sleeping because I'm anxious about coronavirus	19%	19%	20%	16%	26%	10%	24%	30%
I have been having a hard time concentrating on other things because I'm thinking about coronavirus	18%	16%	21%	15%	23%	13%	24%	29%
I have been fighting more with my partner or loved ones (e.g., because we are stuck at home together)	16%	15%	18%	14%	20%	12%	21%	24%
I have been consuming more alcohol or other substances/drugs than I normally do	17%	16%	19%	16%	19%	16%	20%	27%
I am gaining weight	33%	33%	34%	28%	41%	29%	38%	35%
I am sleeping more now than before	21%	19%	26%	19%	21%	25%	23%	30%
None of the above	34%	36%	29%	39%	26%	40%	23%	16%

Mental Health Professionals for Children Cont'd

Q26. Since the start of the Covid-19 pandemic, has a child under 18 years old in your household received help from any of the following mental health professionals? Please select all that apply.

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Psychiatrist	18%	16%	21%	19%	21%	10%	18%	33%
Psychologist	15%	11%	20%	18%	16%	5%	15%	24%
Primary Care	23%	24%	22%	25%	23%	20%	23%	32%
Therapist	13%	13%	13%	16%	15%	4%	13%	23%
Social Worker	10%	10%	11%	8%	12%	11%	10%	16%
School counselor or school psychologist	10%	9%	11%	8%	13%	5%	10%	14%
Other	1%	1%	1%	2%	0%	2%	1%	1%
None of the above	51%	53%	47%	49%	49%	60%	51%	30%

COVID-19 and Children's Mental Health

Q27. Do you think the pandemic has caused problems with regard to the mental health of one or more children in your household... ? [Asked if have children under 18 in the household , “Yes” Q11]

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Yes, caused major problems	19%	19%	18%	23%	21%	13%	10%	16%	24%	17%
Yes, caused minor problems	29%	30%	29%	23%	32%	29%	50%	25%	24%	33%
No, has not caused any problems	41%	41%	42%	43%	38%	47%	30%	51%	31%	40%
No, has actually improved one or more children’s mental health	6%	5%	6%	6%	4%	7%	0%	3%	6%	7%
Don’t know	5%	4%	5%	5%	5%	4%	10%	5%	16%	3%

COVID-19 and Children's Mental Health Cont'd

Q27. Do you think the pandemic has caused problems with regard to the mental health of one or more children in your household... ? [Asked if have children under 18 in the household , “Yes” Q11]

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Yes, caused major problems	19%	16%	24%	17%	24%	10%	19%	30%
Yes, caused minor problems	29%	27%	32%	30%	33%	20%	29%	37%
No, has not caused any problems	41%	42%	39%	41%	34%	58%	41%	27%
No, has actually improved one or more children’s mental health	6%	7%	3%	7%	5%	4%	6%	4%
Don’t know	5%	7%	1%	5%	4%	9%	5%	2%

Concerning Mental State of Child

Q28. For each of the following, please answer Yes or NO... **The mental state of my child[ren] concerns me** [Asked if have children under 18 in the household , “Yes” Q11]

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Yes	53%	58%	49%	51%	58%	50%	40%	60%	44%	54%
No	43%	39%	47%	44%	38%	49%	60%	38%	46%	43%
Don't know	3%	3%	4%	5%	5%	1%	0%	2%	10%	3%

Concerning Mental State of Child Cont'd

Q28. For each of the following, please answer Yes or NO... **The mental state of my child[ren] concerns me** [Asked if have children under 18 in the household , “Yes” Q11]

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Yes	53%	49%	61%	53%	60%	40%	53%	71%
No	43%	46%	39%	45%	39%	49%	43%	26%
Don't know	3%	6%	0%	2%	1%	11%	3%	3%

COVID-19 & Children's Mental Health

Q29. For each of the following, please answer Yes or NO... **Because of the pandemic, I sought or am now seeking professional mental help for my child[ren]** [Asked if have children under 18 in the household , “Yes” Q11]

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Yes	26%	28%	24%	34%	29%	14%	20%	28%	33%	23%
No	69%	66%	72%	55%	65%	86%	80%	69%	57%	71%
Don't know	5%	6%	4%	11%	6%	0%	0%	3%	10%	5%

COVID-19 & Children's Mental Health Cont'd

Q29. For each of the following, please answer Yes or NO... **Because of the pandemic, I sought or am now seeking professional mental help for my child[ren]** [Asked if have children under 18 in the household , “Yes” Q11]

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Yes	26%	20%	34%	23%	28%	25%	26%	41%
No	69%	71%	66%	74%	69%	61%	69%	56%
Don't know	5%	8%	0%	3%	3%	14%	5%	3%

Pre-Pandemic Children's Mental Health

Q30. For each of the following, please answer Yes or NO... **Before the pandemic, I sought professional mental health help for my child[ren]** [Asked if have children under 18 in the household , “Yes” Q11]

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Yes	29%	29%	29%	33%	31%	23%	20%	30%	32%	28%
No	68%	68%	67%	63%	63%	77%	80%	68%	60%	69%
Don't know	3%	3%	4%	4%	5%	0%	0%	2%	9%	3%

Pre-Pandemic Children's Mental Health Cont'd

Q30. For each of the following, please answer Yes or NO... **Before the pandemic, I sought professional mental health help for my child[ren]** [Asked if have children under 18 in the household , “Yes” Q11]

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Yes	29%	29%	29%	32%	29%	22%	29%	49%
No	68%	67%	70%	66%	69%	69%	68%	49%
Don't know	3%	5%	1%	2%	2%	9%	3%	3%

Difficulty Scheduling Children's Professionals

Q31. For each of the following, please answer Yes or NO... **I have had difficulty scheduling appointments for my child[ren] with mental health professionals** [Asked if have children under 18 in the household , “Yes” Q11]

	All	Gender		Age				Race		
		M	F	18-29	30-44	45-64	65+	H	B	W
Yes	22%	24%	19%	23%	23%	19%	20%	22%	26%	20%
No	71%	69%	73%	71%	70%	73%	70%	74%	62%	73%
Don't know	7%	7%	8%	6%	7%	8%	10%	3%	13%	7%

Difficulty Scheduling Children's Professionals Cont'd

Q31. For each of the following, please answer Yes or NO... **I have had difficulty scheduling appointments for my child[ren] with mental health professionals** [Asked if have children under 18 in the household , “Yes” Q11]

	All	Education		Party			Parents	Seek MHS
		NCD	CD+	R	D	I		
Yes	22%	18%	27%	18%	26%	20%	22%	38%
No	71%	73%	67%	75%	68%	71%	71%	59%
Don't know	7%	8%	6%	7%	7%	9%	7%	2%